



STAPLEFORD ABBOTTS GOLF CLUB



Welcome to Stapleford Abbots Golf Club,
an elegant 18 hole PGA Championship
Course.

Stapleford Abbots, which opened in 1989,
has always been a friendly club and now has
an even brighter future under new
management.

The Abbots 18 hole golf course offers
golfers of all levels a challenging experience.
The course includes several water features,
mature woodlands, and undulating fairways.



THE COURSE



Course features

- * Buggies available all year
- * Sand based Greens in play all year round
- * 6300 yard Course with mature trees, water hazards and generous fairways

The Abbotts 18 hole golf course offers golfers of all levels a challenging experience. The Course includes several water features, mature woodlands, and undulating fairways.

Improvements to drainage ensure that the course is playable all year round and temporary greens very rarely in play.

Trolleys and a fleet of buggies are available to hire, with buggy paths around the whole 18 holes, the course is manageable for everyone even throughout the winter months.

This year we are investing in a floodlit Golf Range powered by Toptracer which will provide an opportunity for golfers to improve their game.

MEMBERS



Golf Members Privileges

- * Reserved tee times for sections and swindles
- * Early booking opportunities for general golf bookings
- * 10% discount on food and beverages in Clubhouse

The Club has a very active Members Section which we are looking forward to expanding. Membership offers a full diary of events for Golfers, whatever their handicap may be.

Our Mens section meet 3 times per week, we have a welcoming Ladies Section, our 2 Senior Sections also meet 3 times per week and always welcome new Members.

Members enjoy reciprocal golf at 3 local Clubs.

Members hold Charity events, Presentation Evening, and other social gatherings.

MEMBERSHIP



Membership Packages

Golf Only & Golf & Gym Memberships available

- * 4 & 5 Day Memberships
- * 7 Day Membership
- * Flexible Freedom Membership

Several membership options are available, with something to suit every individual. There are Golf Only Memberships and Golf and Gym combined Memberships.

The affordable 4 day membership is very popular for those who play mid-week. We have 5 day Memberships & 7 day along with our flexible Freedom Membership, which has proved to be a favourite for those who cannot commit to play so regularly.

All memberships apart from the Freedom Membership can be combined with a 7 day membership to VIP HQ Gym.

VIP HQ ESSEX



GYM

- * State of the art Gym Equipment
- * Personal Trainers
- * Outdoor Fitness Arena & Assault Course

VIP HQ welcome everyone from gym regulars to first time gym users and make each of them feel at home.

They have an amazing team of Personal Trainers, who have specific areas of training which they specialise in.

As well as the indoor gym, with state of the art fitness equipment and fitness classes, there is the Unique Outdoor Fitness Arena and Assault Course offering an exciting, different experience to Fitness Training .

THE CLUBHOUSE



Our spectacular 17th Century oak beamed clubhouse offers a friendly welcome with our fully stocked traditional bar and cafe serving home-made breakfasts and lunches.

2 Screens show golfing events and other sports throughout the day.

Later in the evening we have a fantastic Indian Restaurant serving the finest Indian Cuisine.

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